
Nappy Changing Procedure

Nappy changing procedure

1. Make sure the changing mat is clean and all necessary items are to hand so a infant is never left unattended.
2. Ensure privacy for the child
3. A paper towel should be placed onto the mat.
4. Gloves must be worn.
5. Protective cream if instructed by parent should be applied with tissue or cotton wool.
6. When each nappy change is complete, nappy, paper towel, soiled wipes and gloves etc., should be disposed of in the nappy bin after each change. (Gloves should be removed carefully to avoid contaminating yourself and clothes).
7. The whole area and changing mat should be washed with antibacterial spray/wipes dried with a paper towel.
8. Hands must be washed after each nappy is changed..
9. If a diarrhoea infection is present, wash hands thoroughly after each change using antibacterial soap and dry hands well. Anything touched during the day must also be disinfected and cleaned including door handles, taps, telephone, toys etc
10. All cuts or abrasions on exposed areas of the body should be covered by waterproof dressing.
11. If required, records should be completed.

Change of clothes

1. Ensure privacy
2. Reassure the child
3. Encourage child to change own clothes with support
4. Place all wet clothes into assigned bags, label and place in hallway for collection.
5. Ensure the child is suitably dressed for the weather

All changes are logged in the daily diary notes

